

PROFESSIONAL INFORMATION



ZINCO™

SCHEDULING STATUS

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PROPRIETARY NAME (and dosage form)

ZINCO™ vegecaps

COMPOSITION

Each vegecap contains:	per vegecap	% NRV (1)
Zinc (as lactate)	25 mg	250
Nicotinamide (Vitamin B3)	15 mg	94
Pyridoxine (Vitamin B6)	15 mg	880
Cyanocobalamin (Vitamin B12)	50 mcg	2083

(1) South African Nutrient Reference Values for individuals 37 months and over

Inactive ingredients: Aerosil, Magnesium stearate, Microcrystalline cellulose

PHARMACOLOGICAL CLASSIFICATION

Complementary Medicine, Health Supplement
Vitamins with minerals

PHARMACOLOGICAL ACTION

Zinc is an essential element in the maintenance of good health. It supports a healthy immune system and the maintenance of healthy hair, skin, nails and bones. Zinc assists with the formation of connective tissue and in the metabolism of carbohydrates, fats and proteins.

Nicotinamide (Vitamin B3) helps to metabolise carbohydrates, fats and proteins. It contributes to: the maintenance of normal mucous membranes; maintenance of normal skin and normal growth and development; normal psychological function and the reduction of tiredness and fatigue. It is a factor in the maintenance of good health.

Pyridoxine (Vitamin B6) helps to metabolise carbohydrates, fats and proteins. It contributes to: normal cysteine synthesis; normal energy-yielding metabolism; normal homocysteine metabolism; normal functioning of the nervous system; normal psychological function; normal red blood cell formation; normal functioning of the immune system; reduction of tiredness and fatigue; the regulation of hormonal activity and tissue formation. It is a factor in the maintenance of good health.

Cyanocobalamin (Vitamin B12) helps to metabolise carbohydrates, fats and proteins. It contributes to: the process of cell division; normal red blood cell formation; normal energy-yielding metabolism; normal functioning of the nervous system; normal homocysteine metabolism; normal psychological function; normal functioning of the immune system and a reduction in tiredness and fatigue. It is a factor in the maintenance of good health.

INDICATIONS

The role of nutrition to promote good health is beyond debate. Vitamin and mineral supplements are generally indicated to combat specific deficiencies where diet is known to be inadequate and should be regarded as a temporary intervention until a healthy balanced diet can be reinstated.

ZINCO™ may be beneficial in the maintenance of a healthy immune system, particularly when the body is stressed; to assist in overcoming tiredness and fatigue; and to stimulate energy production.

CONTRAINDICATIONS

Hypersensitivity to any of the ingredients.

WARNINGS

ZINCO™ is a vitamin and mineral supplement and is not a replacement for a healthy balanced diet.

Do not exceed the recommended dosage of 1 vegecap per day, unless prescribed by a Healthcare Practitioner.

Individuals who have a medical condition, or are taking other medication, must consult with a Healthcare Practitioner before taking ZINCO™, as they may have special requirements.

ZINCO™ should not be taken if individuals are allergic to, or have a hypersensitivity to any of the ingredients.

INTERACTIONS

None known in the prescribed dosage range.

If patients are currently taking any medication, health supplements, or are being treated for any condition a Healthcare Practitioner should be consulted before taking this product.

PREGNANCY AND LACTATION

Safety in pregnancy and in breastfeeding women has not been established.

DOSAGE AND DIRECTIONS FOR USE

One vegecap is to be taken daily after a meal with a glass of water.

In cases of severe nutrient deficiency, daily dosage can be increased by a Healthcare Practitioner

SIDE EFFECTS AND SPECIAL PRECAUTIONS

There have been no reports of major adverse events and side effects associated with any of the nutrients in the prescribed dosages.

Isolated cases of nausea and vomiting have been reported. This can be alleviated by taking the recommended dosage after the main meal.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

In cases of suspected overdose, immediate withdrawal of the product is indicated and the treatment is symptomatic and supportive.

IDENTIFICATION

ZINCO™ vegecaps are transparent green on green, size 0 capsules filled with a light yellow powder

PRESENTATION

ZINCO™ vegecaps are packed in white securitainers containing 60 capsules each.

STORAGE INSTRUCTIONS

Store in a cool dry place below 25 °C, away from direct sunlight. Keep the container firmly closed at all times.

KEEP OUT OF REACH OF CHILDREN AND UNINFORMED INDIVIDUALS

This product has not been evaluated by SAPHRA. This product is not intended to diagnose, treat, cure or prevent disease.

NAME AND BUSINESS ADDRESS OF APPLICANT

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